



Detailed evaluation

STÖCKIGT, Jan

Club: Berlin
Number: 707

Course: 32.69 km
Jedermann/Sprint (0,7/28/3,6 km)

Category:
SEN1 / TM 40

Total time: 1:31:28

Rank in course/Total: 121 (of 238)

Rank in course/Men: 104 (of 171)

Best time in course: 1:08:20

Rank in category: 16(of 25)

Best time in the category: 1:13:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	15:18	21:51	18	5:05	114	8:11	0.70	15:18	21:51	18	5:05	114	8:11
Wechsel S -> R	0.26	2:39	10:11	10	0:45	65	1:25	0.96	17:57	18:41	14	5:32	97	9:34
Schwimmen Total	0.96	17:57	18:41	14	5:32	97	9:34	0.96	17:57	18:41	14	5:32	97	9:34
Rad netto	28.00	54:32	1:56	13	53:41	94	53:41	28.96	1:12:29	2:30	12	56:03	93	56:03
Wechsel R -> L	0.13	1:30	11:32	15	0:38	117	0:54	29.09	1:13:59	2:32	12	13:57	94	16:53
Radfahren Total	28.13	56:02	1:59	13	8:25	99	10:32	29.09	1:13:59	2:32	12	13:57	94	16:53
Lauf	3.60	17:29	4:51	24	4:07	136	6:15	32.69	1:31:28	2:47	16	17:58	104	23:08