



Detailed evaluation

MARTIN, Volker

Total time: 1:31:37

Club: RSV Königs Wusterhausen
Number: 668

Course: 32.69 km
Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Total: 122 (of 238)

Rank in course/Men: 105 (of 171)

Best time in course: 1:08:20

Category:

Rank in category: 2(of 3)

SEN5 / TM 60

Best time in the category: 1:23:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	14:04	20:05	1	-	89	6:57	0.70	14:04	20:05	1	-	89	6:57
Wechsel S -> R	0.26	3:13	12:22	3	0:47	102	1:59	0.96	17:17	18:00	2	0:38	85	8:54
Schwimmen Total	0.96	17:17	18:00	2	0:38	85	8:54	0.96	17:17	18:00	2	0:38	85	8:54
Rad netto	28.00	53:44	1:55	2	2:04	88	52:53	28.96	1:11:01	2:27	2	2:42	84	54:35
Wechsel R -> L	0.13	1:46	13:35	3	0:59	136	1:10	29.09	1:12:47	2:30	2	3:39	87	15:41
Radfahren Total	28.13	55:30	1:58	2	3:01	88	10:00	29.09	1:12:47	2:30	2	3:39	87	15:41
Lauf	3.60	18:50	5:13	3	3:59	146	7:36	32.69	1:31:37	2:48	2	7:38	105	23:17