



## Detailed evaluation

**LANGE, Stefan**

**Total time: 1:35:27**

Club: Berlin  
Number: 733

Course: 32.69 km  
Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Total: 144 (of 238)  
Rank in course/Men: 124 (of 171)  
Best time in course: 1:08:20

Category:  
SEN3 / TM 50

Rank in category: 19(of 20)  
Best time in the category: 1:12:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	12:40	18:05	11	2:35	58	5:33	0.70	12:40	18:05	11	2:35	58	5:33
Wechsel S -> R	0.26	4:11	16:05	18	2:24	135	2:57	0.96	16:51	17:33	12	4:30	78	8:28
Schwimmen Total	0.96	16:51	17:33	12	4:30	78	8:28	0.96	16:51	17:33	12	4:30	78	8:28
Rad netto	28.00	59:30	2:07	18	13:29	136	58:39	28.96	1:16:21	2:38	17	17:28	120	59:55
Wechsel R -> L	0.13	0:51	6:32	4	0:03	26	0:15	29.09	1:17:12	2:39	17	17:30	120	20:06
Radfahren Total	28.13	1:00:21	2:08	18	13:31	134	14:51	29.09	1:17:12	2:39	17	17:30	120	20:06
Lauf	3.60	18:15	5:04	17	5:56	142	7:01	32.69	1:35:27	2:55	19	23:26	125	27:07