



Detailed evaluation

RETKA, Sebastian

Total time: 1:37:38

Club: Berlin
Number: 918

Course: 32.69 km
Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Total: 163 (of 238)

Rank in course/Men: 134 (of 171)

Best time in course: 1:08:20

Category:
AK3 / TM 30

Rank in category: 17(of 20)

Best time in the category: 1:13:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	14:15	20:21	9	4:48	93	7:08	0.70	14:15	20:21	9	4:48	93	7:08
Wechsel S -> R	0.26	2:39	10:11	5	0:54	65	1:25	0.96	16:54	17:36	7	5:07	80	8:31
Schwimmen Total	0.96	16:54	17:36	7	5:07	80	8:31	0.96	16:54	17:36	7	5:07	80	8:31
Rad netto	28.00	1:03:57	2:17	20	17:54	151	1:03:06	28.96	1:20:51	2:47	19	21:38	141	1:04:25
Wechsel R -> L	0.13	1:15	9:36	13	0:36	89	0:39	29.09	1:22:06	2:49	19	21:51	141	25:00
Radfahren Total	28.13	1:05:12	2:19	20	18:22	154	19:42	29.09	1:22:06	2:49	19	21:51	141	25:00
Lauf	3.60	15:32	4:18	12	3:12	84	4:18	32.69	1:37:38	2:59	18	23:54	135	29:18