



Detailed evaluation

GITTEL, Stefan

Total time: 1:37:37

Club: Erkner

Number: 766

Course: 32.69 km

Rank in course/Total: 162 (of 238)

Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Men: 133 (of 171)

Best time in course: 1:08:20

Category:

Rank in category: 26(of 32)

AK4 / TM 35

Best time in the category: 1:12:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	16:45	23:55	28	7:04	146	9:38	0.70	16:45	23:55	28	7:04	146	9:38
Wechsel S -> R	0.26	4:00	15:23	27	2:20	132	2:46	0.96	20:45	21:36	28	8:25	141	12:22
Schwimmen Total	0.96	20:45	21:36	28	8:25	141	12:22	0.96	20:45	21:36	28	8:25	141	12:22
Rad netto	28.00	59:49	2:08	27	15:13	140	58:58	28.96	1:20:34	2:46	26	21:37	140	1:04:08
Wechsel R -> L	0.13	1:43	13:12	26	0:56	134	1:07	29.09	1:22:17	2:49	28	22:21	144	25:11
Radfahren Total	28.13	1:01:32	2:11	29	15:56	143	16:02	29.09	1:22:17	2:49	28	22:21	144	25:11
Lauf	3.60	15:20	4:15	15	3:08	78	4:06	32.69	1:37:37	2:59	26	25:28	134	29:17