



Detailed evaluation

MOMBECK, Thorsten

Total time: 1:38:57

Club: Weltraumjogger
Number: 857

Course: 32.69 km
Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Total: 173 (of 238)

Rank in course/Men: 139 (of 171)

Best time in course: 1:08:20

Category:
SEN1 / TM 40

Rank in category: 22(of 25)

Best time in the category: 1:13:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	15:48	22:34	22	5:35	126	8:41	0.70	15:48	22:34	22	5:35	126	8:41
Wechsel S -> R	0.26	4:07	15:49	20	2:13	134	2:53	0.96	19:55	20:44	20	7:30	130	11:32
Schwimmen Total	0.96	19:55	20:44	20	7:30	130	11:32	0.96	19:55	20:44	20	7:30	130	11:32
Rad netto	28.00	59:44	2:07	22	58:53	139	58:53	28.96	1:19:39	2:45	21	1:03:13	135	1:03:13
Wechsel R -> L	0.13	1:57	15:00	21	1:05	145	1:21	29.09	1:21:36	2:48	21	21:34	139	24:30
Radfahren Total	28.13	1:01:41	2:11	22	14:04	144	16:11	29.09	1:21:36	2:48	21	21:34	139	24:30
Lauf	3.60	17:21	4:49	23	3:59	132	6:07	32.69	1:38:57	3:01	22	25:27	140	30:37