



Detailed evaluation

MARTINOWSKI, Agata

Total time: 1:36:12

Club: MamaPapa
Number: 769

Course: 32.69 km
Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Total: 152 (of 238)

Rank in course/Women: 25 (of 67)

Best time in course: 1:21:00

Category:
AK3 / TW 30

Rank in category: 7(of 11)

Best time in the category: 1:21:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	14:12	20:17	5	4:24	20	4:24	0.70	14:12	20:17	5	4:24	20	4:24
Wechsel S -> R	0.26	2:27	9:25	4	0:24	8	0:28	0.96	16:39	17:20	4	4:48	15	4:48
Schwimmen Total	0.96	16:39	17:20	4	4:48	15	4:48	0.96	16:39	17:20	4	4:48	15	4:48
Rad netto	28.00	1:00:05	2:08	8	7:33	30	8:15	28.96	1:16:44	2:38	6	11:41	20	11:41
Wechsel R -> L	0.13	2:01	15:30	10	1:09	54	1:20	29.09	1:18:45	2:42	6	12:50	22	12:50
Radfahren Total	28.13	1:02:06	2:12	9	8:20	35	8:47	29.09	1:18:45	2:42	6	12:50	22	12:50
Lauf	3.60	17:27	4:50	8	3:24	31	3:46	32.69	1:36:12	2:56	7	15:12	25	15:12