



Detailed evaluation

PAGELS, Heiko

Total time: 1:39:20

Club: otto.schwantener

Number: 834

Course: 32.69 km

Rank in course/Total: 177 (of 238)

Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Men: 141 (of 171)

Best time in course: 1:08:20

Category:

Rank in category: 20(of 24)

SEN2 / TM 45

Best time in the category: 1:11:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	18:38	26:37	22	8:14	154	11:31	0.70	18:38	26:37	22	8:14	154	11:31
Wechsel S -> R	0.26	2:47	10:42	10	1:07	76	1:33	0.96	21:25	22:18	19	9:06	148	13:02
Schwimmen Total	0.96	21:25	22:18	19	9:06	148	13:02	0.96	21:25	22:18	19	9:06	148	13:02
Rad netto	28.00	59:03	2:06	21	12:38	134	58:12	28.96	1:20:28	2:46	21	21:44	139	1:04:02
Wechsel R -> L	0.13	1:43	13:12	18	1:00	134	1:07	29.09	1:22:11	2:49	20	22:44	143	25:05
Radfahren Total	28.13	1:00:46	2:09	21	13:38	138	15:16	29.09	1:22:11	2:49	20	22:44	143	25:05
Lauf	3.60	17:09	4:45	15	4:54	124	5:55	32.69	1:39:20	3:02	20	27:38	142	31:00