



Detailed evaluation

APPELT, Gabriele

Club: ASC Ulm/Neu-Ulm
Number: 836

Course: 32.69 km
Jedermann/Sprint (0,7/28/3,6 km)

Category:
SEN5 / TW 60

Total time: 1:38:30

Rank in course/Total: 168 (of 238)

Rank in course/Women: 33 (of 67)

Best time in course: 1:21:00

Rank in category: 1(of 3)

Best time in the category: 1:38:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	15:59	22:49	1	-	41	6:11	0.70	15:59	22:49	1	-	41	6:11
Wechsel S -> R	0.26	3:00	11:32	1	-	22	1:01	0.96	18:59	19:46	1	-	26	7:08
Schwimmen Total	0.96	18:59	19:46	1	-	26	7:08	0.96	18:59	19:46	1	-	26	7:08
Rad netto	28.00	59:09	2:06	1	-	27	7:19	28.96	1:18:08	2:41	1	-	28	13:05
Wechsel R -> L	0.13	1:18	10:00	1	-	33	0:37	29.09	1:19:26	2:43	1	-	26	13:31
Radfahren Total	28.13	1:00:27	2:08	1	-	28	7:08	29.09	1:19:26	2:43	1	-	26	13:31
Lauf	3.60	19:04	5:17	2	1:41	49	5:23	32.69	1:38:30	3:00	1	-	33	17:30