



Detailed evaluation

GONGOLL, Manuela

Total time: 1:38:58

Club: Athletic Park
Number: 840

Enduro U13

Rank in course/Total: 174 (of 238)

Rank in course/Women: 35 (of 67)

Best time in course: 1:21:00

Category:

Rank in category: 5(of 10)

SEN1 / TW 40

Best time in the category: 1:26:30

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	14:36	20:51	5	1:49	21	4:48	0.70	14:36	20:51	5	1:49	21	4:48
Wechsel S -> R	0.26	4:42	18:04	6	2:21	54	2:43	0.96	19:18	20:06	4	3:06	32	7:27
Schwimmen Total	0.96	19:18	20:06	4	3:06	32	7:27	0.96	19:18	20:06	4	3:06	32	7:27
Rad netto	28.00	58:43	2:05	4	6:06	25	6:53	28.96	1:18:01	2:41	5	9:12	27	12:58
Wechsel R -> L	0.13	1:17	9:52	4	0:29	31	0:36	29.09	1:19:18	2:43	4	8:23	25	13:23
Radfahren Total	28.13	1:00:00	2:07	4	5:17	26	6:41	29.09	1:19:18	2:43	4	8:23	25	13:23
Lauf	3.60	19:40	5:27	9	5:36	50	5:59	-	1:38:58	-	5	12:28	35	17:58