



Detailed evaluation

DIESEL, Holger

Total time: 2:31:45

Club: Team ERDINGER Alkoholfrei
Number: 342

Course: 51.89 km
Olympisch (1,5/40/10 km)

Rank in course/Total: 48 (of 233)

Rank in course/Men: 47 (of 179)

Best time in course: 2:04:10

Category:
SEN1 / TM 40

Rank in category: 6(of 27)

Best time in the category: 2:23:25

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	28:56	19:17	6	1:26	46	8:20	1.50	28:56	19:17	6	1:26	46	8:20
Wechsel S -> R	0.26	3:10	12:10	18	1:17	88	1:45	1.76	32:06	18:14	8	1:53	50	9:17
Schwimmen Total	1.76	32:06	18:14	8	1:53	50	9:17	1.76	32:06	18:14	8	1:53	50	9:17
Rad netto	40.00	1:12:04	1:48	10	6:56	62	10:51	41.76	1:44:10	2:29	7	7:22	54	17:33
Wechsel R -> L	0.13	1:52	14:21	21	0:58	121	1:09	41.89	1:46:02	2:31	8	7:57	58	18:42
Radfahren Total	40.13	1:13:56	1:50	11	7:46	66	12:00	41.89	1:46:02	2:31	8	7:57	58	18:42
Lauf	10.00	45:43	4:34	5	4:12	43	9:11	51.89	2:31:45	2:55	6	8:20	47	27:35