



## Detailed evaluation

REGORIUS, Jan

Total time: 1:45:26

Club: Teltow

Number: 637

Course: 32.69 km

Rank in course/Total: 194 (of 238)

Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Men: 150 (of 171)

Best time in course: 1:08:20

Category:

Rank in category: 28(of 32)

AK4 / TM 35

Best time in the category: 1:12:09

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	19:41	28:07	30	10:00	161	12:34	0.70	19:41	28:07	30	10:00	161	12:34
Wechsel S -> R	0.26	3:35	13:46	23	1:55	121	2:21	0.96	23:16	24:14	30	10:56	158	14:53
Schwimmen Total	0.96	23:16	24:14	30	10:56	158	14:53	0.96	23:16	24:14	30	10:56	158	14:53
Rad netto	28.00	1:00:37	2:09	28	16:01	142	59:46	28.96	1:23:53	2:53	28	24:56	149	1:07:27
Wechsel R -> L	0.13	1:56	14:52	28	1:09	144	1:20	29.09	1:25:49	2:57	30	25:53	152	28:43
Radfahren Total	28.13	1:02:33	2:13	30	16:57	147	17:03	29.09	1:25:49	2:57	30	25:53	152	28:43
Lauf	3.60	19:37	5:26	28	7:25	151	8:23	32.69	1:45:26	3:13	28	33:17	151	37:06