



Detailed evaluation

EWERT, Rainer

Total time: 1:46:39

Club: Berlin
Number: 663

Course: 32.69 km
Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Total: 196 (of 238)
Rank in course/Men: 151 (of 171)
Best time in course: 1:08:20

Category:
SEN2 / TM 45

Rank in category: 22(of 24)
Best time in the category: 1:11:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	15:45	22:30	18	5:21	124	8:38	0.70	15:45	22:30	18	5:21	124	8:38
Wechsel S -> R	0.26	5:47	22:14	22	4:07	158	4:33	0.96	21:32	22:25	21	9:13	150	13:09
Schwimmen Total	0.96	21:32	22:25	21	9:13	150	13:09	0.96	21:32	22:25	21	9:13	150	13:09
Rad netto	28.00	1:01:15	2:11	22	14:50	144	1:00:24	28.96	1:22:47	2:51	22	24:03	147	1:06:21
Wechsel R -> L	0.13	2:07	16:16	22	1:24	150	1:31	29.09	1:24:54	2:55	22	25:27	151	27:48
Radfahren Total	28.13	1:03:22	2:15	22	16:14	149	17:52	29.09	1:24:54	2:55	22	25:27	151	27:48
Lauf	3.60	21:45	6:02	23	9:30	158	10:31	32.69	1:46:39	3:15	22	34:57	152	38:19