



Detailed evaluation

HENGST, Ines

Total time: 1:44:56

Club: Erkner

Number: 742

Course: 32.69 km

Rank in course/Total: 190 (of 238)

Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Women: 42 (of 67)

Best time in course: 1:21:00

Category:

Rank in category: 7(of 10)

SEN1 / TW 40

Best time in the category: 1:26:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	13:35	19:24	2	0:48	12	3:47	0.70	13:35	19:24	2	0:48	12	3:47
Wechsel S -> R	0.26	6:36	25:23	10	4:15	65	4:37	0.96	20:11	21:01	8	3:59	41	8:20
Schwimmen Total	0.96	20:11	21:01	8	3:59	41	8:20	0.96	20:11	21:01	8	3:59	41	8:20
Rad netto	28.00	1:04:35	2:18	8	11:58	47	12:45	28.96	1:24:46	2:55	8	15:57	45	19:43
Wechsel R -> L	0.13	2:02	15:38	6	1:14	55	1:21	29.09	1:26:48	2:59	7	15:53	46	20:53
Radfahren Total	28.13	1:06:37	2:22	8	11:54	49	13:18	29.09	1:26:48	2:59	7	15:53	46	20:53
Lauf	3.60	18:08	5:02	5	4:04	39	4:27	32.69	1:44:56	3:12	7	18:26	42	23:56