



Detailed evaluation

ROSE, Lia

Total time: 1:48:52

Club: Berlin
Number: 794

Course: 32.69 km
Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Total: 207 (of 238)

Rank in course/Women: 53 (of 67)

Best time in course: 1:21:00

Category:
AK1 / TW 20

Rank in category: 3(of 4)

Best time in the category: 1:26:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	16:03	22:55	3	6:06	44	6:15	0.70	16:03	22:55	3	6:06	44	6:15
Wechsel S -> R	0.26	4:32	17:26	3	2:33	48	2:33	0.96	20:35	21:26	3	8:39	45	8:44
Schwimmen Total	0.96	20:35	21:26	3	8:39	45	8:44	0.96	20:35	21:26	3	8:39	45	8:44
Rad netto	28.00	1:07:28	2:24	3	12:39	53	15:38	28.96	1:28:03	3:02	3	18:57	53	23:00
Wechsel R -> L	0.13	1:57	15:00	3	1:04	53	1:16	29.09	1:30:00	3:05	3	19:57	57	24:05
Radfahren Total	28.13	1:09:25	2:28	3	13:16	55	16:06	29.09	1:30:00	3:05	3	19:57	57	24:05
Lauf	3.60	18:52	5:14	3	2:44	48	5:11	32.69	1:48:52	3:19	3	22:41	53	27:52