



Detailed evaluation

ABDELLA, Fadi

Total time: 1:53:09

Club: Berlin
Number: 903

Course: 32.69 km
Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Total: 216 (of 238)
Rank in course/Men: 156 (of 171)
Best time in course: 1:08:20

Category:
AK2 / TM 25

Rank in category: 10(of 13)
Best time in the category: 1:10:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	19:27	27:47	10	8:48	160	12:20	0.70	19:27	27:47	10	8:48	160	12:20
Wechsel S -> R	0.26	3:45	14:25	10	2:08	128	2:31	0.96	23:12	24:10	10	10:56	157	14:49
Schwimmen Total	0.96	23:12	24:10	10	10:56	157	14:49	0.96	23:12	24:10	10	10:56	157	14:49
Rad netto	28.00	1:11:31	2:33	10	26:41	160	1:10:40	28.96	1:34:43	3:16	10	37:37	159	1:18:17
Wechsel R -> L	0.13	1:07	8:35	5	0:27	64	0:31	29.09	1:35:50	3:17	10	38:04	161	38:44
Radfahren Total	28.13	1:12:38	2:34	10	27:08	163	27:08	29.09	1:35:50	3:17	10	38:04	161	38:44
Lauf	3.60	17:19	4:48	9	5:18	131	6:05	32.69	1:53:09	3:27	10	43:00	157	44:49