



## Detailed evaluation

**GREGORI, Jan**

**Total time: 2:38:03**

Club: Fredersdorf

Number: 317

Course: 51.89 km

Rank in course/Total: 78 (of 233)

Olympisch (1,5/40/10 km)

Rank in course/Men: 75 (of 179)

Best time in course: 2:04:10

Category:

Rank in category: 15(of 39)

SEN2 / TM 45

Best time in the category: 2:19:54

Control	Intermediate times						Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	33:20	22:13	24	10:45	109	12:44	1.50	33:20	22:13	24	10:45	109	12:44
Wechsel S -> R	0.26	3:16	12:33	21	1:21	95	1:51	1.76	36:36	20:47	24	11:08	107	13:47
Schwimmen Total	1.76	36:36	20:47	24	11:08	107	13:47	1.76	36:36	20:47	24	11:08	107	13:47
Rad netto	40.00	1:11:21	1:47	13	8:00	54	10:08	41.76	1:47:57	2:35	19	16:58	79	21:20
Wechsel R -> L	0.13	1:31	11:39	16	0:37	83	0:48	41.89	1:49:28	2:36	17	17:20	75	22:08
Radfahren Total	40.13	1:12:52	1:48	12	8:22	54	10:56	41.89	1:49:28	2:36	17	17:20	75	22:08
Lauf	10.00	48:35	4:51	17	7:03	73	12:03	51.89	2:38:03	3:02	15	18:09	75	33:53