



Frühjahrs-cross im Steigerwald

Erfurt / 25.03.2017

Detailed evaluation

Kopprasch, Jens

Club: SRLV

Number: 142

Course: 8.00 km

8km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 38:08

Speed: 12.59 km/h

Running performance: 4:46 min/km

Rank in course/Total: 16 (of 65)

Rank in course/Men: 15 (of 44)

Best time in course: 27:30

Rank in category: 5(of 7)

Best time in the category: 35:18