



Frühjahrs-cross im Steigerwald  
Erfurt / 25.03.2017

Detailed evaluation

**Pudell, Katrin**

Club: LTV Erfurt  
Number: 143

Course: 8.00 km  
8km Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 50:38

Speed: 9.48 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 44 (of 65)

Rank in course/Women: 7 (of 21)

Best time in course: 36:45

Rank in category: 1(of 2)

Best time in the category: 50:38