



Detailed evaluation

Helmane, Vita

Club: Amserv

Number: 3809

Course: 13.00 km

Zakis

Category:

SZ3

Total time: 1:51:46

Speed: 6.98 km/h

Rank in course/Total: 571 (of 894)

Rank in course/Women: 175 (of 418)

Best time in course: 1:10:13

Rank in category: 153(of 371)

Best time in the category: 1:11:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
101	-	42:55	-	144	166	16:07	16:35	-	42:55	-	144	166	16:07	16:35
104	-	46:13	-	149	170	15:18	16:24	-	1:29:08	-	151	174	31:12	32:59
Sprint Start	-	9:24	-	157	178	3:36	3:36	-	1:38:32	-	152	174	34:40	36:22
Sprint Finish	-	4:37	-	243	278	2:35	2:35	-	1:43:09	-	157	179	36:39	38:51
Finish	-	8:37	-	140	159	3:10	3:10	13.00	1:51:46	-	153	175	39:49	41:33