



Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

Detailed evaluation

Štūla-Pankoka, Irīna

Club: Liepājas Vieglatlētikas klubs

Number: 3161

Course: 13.00 km

Zakis

Category:

SZ3

Total time: 1:21:52

Speed: 9.53 km/h

Rank in course/Total: 93 (of 894)

Rank in course/Women: 9 (of 418)

Best time in course: 1:10:13

Rank in category: 8(of 371)

Best time in the category: 1:11:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	-	29:58	-	8	3:10	9	3:38	-	29:58	-	8	3:10	9	3:38
104	-	35:06	-	8	4:11	10	5:17	-	1:05:04	-	8	7:08	9	8:55
Sprint Start	-	7:23	-	15	1:35	17	1:35	-	1:12:27	-	8	8:35	9	10:17
Sprint Finish	-	2:02	-	1	-	1	-	-	1:14:29	-	8	7:59	9	10:11
Finish	-	7:23	-	40	1:56	45	1:56	13.00	1:21:52	-	8	9:55	9	11:39