



Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

Detailed evaluation

Helmane, Karīna

Club: VSK Noskrien

Number: 3822

Course: 13.00 km

Zakis

Category:

SZ3

Total time: 1:16:53

Speed: 10.15 km/h

Rank in course/Total: 54 (of 894)

Rank in course/Women: 7 (of 418)

Best time in course: 1:10:13

Rank in category: 6(of 371)

Best time in the category: 1:11:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
101	-	28:12	-	4	1:24	5	1:52	-	28:12	-	4	1:24	5	1:52
104	-	33:46	-	6	2:51	7	3:57	-	1:01:58	-	6	4:02	7	5:49
Sprint Start	-	6:29	-	4	0:41	5	0:41	-	1:08:27	-	6	4:35	7	6:17
Sprint Finish	-	2:26	-	3	0:24	4	0:24	-	1:10:53	-	6	4:23	7	6:35
Finish	-	6:00	-	4	0:33	5	0:33	13.00	1:16:53	-	6	4:56	7	6:40