



# Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

## Detailed evaluation

### Promberga, Monta

Club: CrossFit Rīdzene 1

Number: 2189

Course: 5.00 km

Vavere

Category:

S1

Total time: 46:28

Speed: 6.46 km/h

Rank in course/Total: 113 (of 460)

Rank in course/Women: 40 (of 314)

Best time in course: 36:00

Rank in category: 40(of 314)

Best time in the category: 36:00

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
104	-	37:25	-	44	44	8:44	8:44	-	37:25	-	44	44	8:44	8:44
Finish	-	9:03	-	36	36	1:44	1:44	5.00	46:28	-	40	40	10:28	10:28