



Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

## Detailed evaluation

**Pokšāns, Arnis**

Club: Abas Kreisās Kājas

Number: 6054

Course: 29.00 km

Lusis

Category:

VL3

Total time: 3:44:10

Speed: 7.76 km/h

Rank in course/Total: 145 (of 224)

Rank in course/Men: 125 (of 174)

Best time in course: 1:51:10

Rank in category: 39(of 57)

Best time in the category: 2:36:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	-	38:04	-	41	11:42	131	14:37	-	38:04	-	41	11:42	131	14:37
102	-	37:02	-	42	11:31	133	14:09	-	1:15:06	-	40	22:49	132	28:46
103	-	41:13	-	37	12:23	124	14:59	-	1:56:19	-	41	35:12	132	43:45
104	-	23:46	-	38	7:37	123	8:47	-	2:20:05	-	39	42:49	128	52:32
105	-	38:01	-	33	12:30	109	15:01	-	2:58:06	-	38	55:19	123	1:07:33
Sprint Start	-	34:42	-	40	25:20	122	28:42	-	3:32:48	-	39	1:04:55	127	1:51:04
Sprint Finish	-	4:13	-	49	2:08	148	2:52	-	3:37:01	-	39	1:06:51	127	1:52:09
Finish	-	7:09	-	23	1:17	72	1:50	29.00	3:44:10	-	39	1:07:34	125	1:53:00