



Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

Detailed evaluation

Trencis, Rolands

Total time: 2:12:10

Club: Crossfit Rīdzene / Ezerkauliņi / VSK Noskrien
Number: 5470

Speed: 9.53 km/h

Course: 21.00 km
Stirnu buks

Rank in course/Total: 70 (of 488)

Rank in course/Men: 62 (of 308)

Best time in course: 1:38:50

Category:

Rank in category: 40(of 187)

VB2

Best time in the category: 1:40:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	-	29:24	-	32	5:54	51	5:55	-	29:24	-	32	5:54	51	5:55
102	-	30:23	-	44	7:16	71	7:16	-	59:47	-	39	13:08	59	13:08
103	-	34:40	-	40	8:46	63	9:12	-	1:34:27	-	40	21:54	61	22:20
104	-	20:55	-	61	6:20	93	6:23	-	1:55:22	-	41	28:01	63	28:43
Sprint Start	-	7:23	-	35	2:08	50	2:16	-	2:02:45	-	41	30:09	62	30:59
Sprint Finish	-	3:30	-	88	1:47	138	1:51	-	2:06:15	-	42	31:07	63	32:50
Finish	-	5:55	-	12	0:45	15	0:45	21.00	2:12:10	-	40	31:44	62	33:20