



Detailed evaluation

Volfa-kirilova, Ilze

Club: Kalnu zaķenes

Number: 3750

Course: 13.00 km

Zakis

Category:

SZ3

Total time: 1:56:16

Speed: 6.71 km/h

Rank in course/Total: 627 (of 894)

Rank in course/Women: 212 (of 418)

Best time in course: 1:10:13

Rank in category: 185(of 371)

Best time in the category: 1:11:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	-	47:00	-	216	20:12	252	20:40	-	47:00	-	216	20:12	252	20:40
104	-	46:42	-	155	15:47	176	16:53	-	1:33:42	-	189	35:46	218	37:33
Sprint Start	-	9:53	-	193	4:05	220	4:05	-	1:43:35	-	190	39:43	219	41:25
Sprint Finish	-	4:11	-	196	2:09	218	2:09	-	1:47:46	-	189	41:16	218	43:28
Finish	-	8:30	-	130	3:03	149	3:03	13.00	1:56:16	-	185	44:19	212	46:03