



Detailed evaluation

Igaviņa, Laura

Club: SK Lejasciems

Number: 6173

Course: 29.00 km

Lusis

Category:

SLJ

Total time: 4:23:27

Speed: 6.60 km/h

Rank in course/Total: 202 (of 224)

Rank in course/Women: 42 (of 50)

Best time in course: 2:50:01

Rank in category: 4(of 4)

Best time in the category: 2:50:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	-	42:14	-	4	13:26	39	14:17	-	42:14	-	4	13:26	39	14:17
102	-	42:13	-	4	13:55	41	13:55	-	1:24:27	-	4	27:21	40	27:22
103	-	47:31	-	4	15:16	40	15:37	-	2:11:58	-	4	42:37	41	42:59
104	-	29:13	-	4	10:54	42	11:22	-	2:41:11	-	4	53:31	41	54:21
105	-	46:05	-	4	17:02	42	17:02	-	3:27:16	-	4	1:10:33	40	1:10:33
Sprint Start	-	41:59	-	4	16:30	42	17:18	-	4:09:15	-	4	1:27:03	39	1:27:03
Sprint Finish	-	4:14	-	4	1:45	38	1:45	-	4:13:29	-	4	1:28:48	40	1:28:48
Finish	-	9:58	-	4	4:38	41	4:38	29.00	4:23:27	-	4	1:33:26	42	1:33:26