



Detailed evaluation

Lapiņa, Laura

Club: Siguldas maratona klubs / Isostar
Number: 3616

Course: 13.00 km
Zakis

Category:
SZ3

Total time: 1:26:19

Speed: 9.04 km/h

Rank in course/Total: 148 (of 894)

Rank in course/Women: 17 (of 418)

Best time in course: 1:10:13

Rank in category: 15(of 371)

Best time in the category: 1:11:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
101	-	31:28	-	14	15	4:40	5:08	-	31:28	-	14	15	4:40	5:08
104	-	37:24	-	19	21	6:29	7:35	-	1:08:52	-	15	17	10:56	12:43
Sprint Start	-	7:48	-	33	37	2:00	2:00	-	1:16:40	-	16	18	12:48	14:30
Sprint Finish	-	3:16	-	33	39	1:14	1:14	-	1:19:56	-	16	18	13:26	15:38
Finish	-	6:23	-	8	10	0:56	0:56	13.00	1:26:19	-	15	17	14:22	16:06