



Detailed evaluation

Bēmere, Ilona

Club: Baldones sieviešu skriešanas komanda
Number: 3204

Course: 13.00 km
Zakis

Category:
SZ3

Total time: 1:46:58

Speed: 7.29 km/h

Rank in course/Total: 479 (of 894)

Rank in course/Women: 126 (of 418)

Best time in course: 1:10:13

Rank in category: 113(of 371)

Best time in the category: 1:11:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
101	-	41:52	-	128	15:04	148	15:32	-	41:52	-	128	15:04	148	15:32
104	-	44:26	-	111	13:31	125	14:37	-	1:26:18	-	114	28:22	129	30:09
Sprint Start	-	8:37	-	83	2:49	96	2:49	-	1:34:55	-	113	31:03	128	32:45
Sprint Finish	-	3:49	-	110	1:47	124	1:47	-	1:38:44	-	115	32:14	129	34:26
Finish	-	8:14	-	103	2:47	119	2:47	13.00	1:46:58	-	113	35:01	126	36:45