



23. Hainich-Lauf  
Mihla / 01.05.2017

## Detailed evaluation

**Goerns, Silas**

Club: Berka  
Number: 114

Course: 6.60 km  
Kurzstrecke

Category:  
männliche Jugend U14 (12-13 Jahre)

Total time: 45:16

Speed: 7.95 km/h  
Running performance: 6:52 min/km

Rank in course/Total: 36 (of 46)

Rank in course/Men: 22 (of 25)

Best time in course: 24:47

Rank in category: 5(of 6)

Best time in the category: 30:41