



23. Hainich-Lauf
Mihla / 01.05.2017

Detailed evaluation

Siemon, Thomas

Club: SV Blau-Weiss 90 Creuzburg
Number: 246

Course: 13.00 km
Mittelstrecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 57:38

Speed: 13.53 km/h
Running performance: 4:26 min/km

Rank in course/Total: 4 (of 69)

Rank in course/Men: 4 (of 50)

Best time in course: 53:47

Rank in category: 2(of 7)

Best time in the category: 56:17