



23. Hainich-Lauf
Mihla / 01.05.2017

Detailed evaluation

Quendt, René

Club: Tristar Schafhausen
Number: 248

Course: 13.00 km
Mittelstrecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:04:22

Speed: 12.12 km/h
Running performance: 4:57 min/km

Rank in course/Total: 12 (of 69)

Rank in course/Men: 12 (of 50)

Best time in course: 53:47

Rank in category: 3(of 10)

Best time in the category: 58:08