



23. Hainich-Lauf
Mihla / 01.05.2017

Detailed evaluation

Lippold, Enrico

Club: KJV Kempo Wutha Farnroda
Number: 226

Course: 13.00 km
Mittelstrecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:06:10

Speed: 11.79 km/h
Running performance: 5:05 min/km

Rank in course/Total: 20 (of 69)

Rank in course/Men: 20 (of 50)

Best time in course: 53:47

Rank in category: 3(of 8)

Best time in the category: 1:04:34