



23. Hainich-Lauf  
Mihla / 01.05.2017

## Detailed evaluation

Schmeißer, Christian

Club: LG Großenlupnitz  
Number: 245

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:08:34

Speed: 11.38 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 26 (of 69)

Rank in course/Men: 25 (of 50)

Best time in course: 53:47

Rank in category: 5(of 10)

Best time in the category: 58:08