



23. Hainich-Lauf
Mihla / 01.05.2017

Detailed evaluation

Groß, Uwe

Club: SV Diedorf
Number: 257

Course: 13.00 km
Mittelstrecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:10:03

Speed: 11.13 km/h
Running performance: 5:23 min/km

Rank in course/Total: 29 (of 69)

Rank in course/Men: 27 (of 50)

Best time in course: 53:47

Rank in category: 4(of 8)

Best time in the category: 1:04:34