



23. Hainich-Lauf
Mihla / 01.05.2017

Detailed evaluation

HÖPFNER, Ralf

Club: pro optik Waltershausen
Number: 208

Course: 13.00 km
Mittelstrecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:10:03

Speed: 11.13 km/h
Running performance: 5:23 min/km

Rank in course/Total: 30 (of 69)

Rank in course/Men: 27 (of 50)

Best time in course: 53:47

Rank in category: 3(of 6)

Best time in the category: 1:06:04