



23. Hainich-Lauf  
Mihla / 01.05.2017

## Detailed evaluation

**Zimmer, Sebastian**

Club: Feuerwehr Treffurt  
Number: 229

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:13:54

Speed: 10.55 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 34 (of 69)

Rank in course/Men: 32 (of 50)

Best time in course: 53:47

Rank in category: 4(of 5)

Best time in the category: 53:47