



23. Hainich-Lauf
Mihla / 01.05.2017

Detailed evaluation

LÄMMERHIRT, Dennis

Club: 1. Eichsfelder Sportclub e.V.
Number: 407

Course: 21.10 km
Halbmarathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:31:07

Speed: 13.83 km/h
Running performance: 4:19 min/km

Rank in course/Total: 4 (of 48)

Rank in course/Men: 4 (of 42)

Best time in course: 1:22:01

Rank in category: 1(of 6)

Best time in the category: 1:31:07