



23. Hainich-Lauf
Mihla / 01.05.2017

Detailed evaluation

Pokahr, Viola

Club: Sonntagsläufer Tambach-Dietharz
Number: 263

Course: 13.00 km
Mittelstrecke

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:54:29

Speed: 6.81 km/h
Running performance: 8:49 min/km

Rank in course/Total: 69 (of 69)
Rank in course/Women: 19 (of 19)
Best time in course: 1:07:21

Rank in category: 4(of 4)
Best time in the category: 1:18:34