



23. Hainich-Lauf
Mihla / 01.05.2017

Detailed evaluation

Metzig, Aline

Club: Karo-Fußballschule Mihla
Number: 445

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:55:07

Speed: 10.95 km/h
Running performance: 5:28 min/km

Rank in course/Total: 30 (of 48)

Rank in course/Women: 3 (of 6)

Best time in course: 1:31:10

Rank in category: 1(of 1)

Best time in the category: 1:55:07