



23. Hainich-Lauf  
Mihla / 01.05.2017

## Detailed evaluation

**TIFFERT, Nadine**

Club: Diedorf  
Number: 111

Course: 6.60 km  
Kurzstrecke

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 36:12

Speed: 9.94 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 21 (of 46)  
Rank in course/Women: 6 (of 21)  
Best time in course: 30:07

Rank in category: 1(of 1)  
Best time in the category: 36:12