



10. ITH-Hennesee-Triathlon Staffel

Meschede / 24.06.2017

Detailed evaluation

Premiumschwimmer

Total time: 1:24:20

Number: 61

Speed: 17.79 km/h

Running performance: 3:19 min/km

Course: 25.50 km

Volksdistanz Staffel (0,50-20,00-5,00)

Rank in course: 13 (of 22)

Best time in course: 1:03:44

Category:

Rank in category: 13(of 22)

Staffel

Best time in the category: 1:03:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.50	11:22	22:44	8	2:52	8	2:52	0.50	11:22	22:44	8	2:52	8	2:52
Rad	20.00	46:57	2:20	14	10:23	14	10:23	20.50	58:19	2:50	12	13:15	12	13:15
Lauf	5.00	26:01	5:12	14	7:21	14	7:21	25.50	1:24:20	3:18	13	20:36	13	20:36