



10. ITH-Hennesee-Triathlon Staffel

Meschede / 24.06.2017

Detailed evaluation

ITH Superbolts 2

Total time: 1:23:55

Number: 42

Speed: 17.87 km/h

Running performance: 3:17 min/km

Course: 25.50 km

Volksdistanz Staffel (0,50-20,00-5,00)

Rank in course: 12 (of 22)

Best time in course: 1:03:44

Category:

Rank in category: 12(of 22)

Staffel

Best time in the category: 1:03:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.50	9:16	18:32	2	0:46	2	0:46	0.50	9:16	18:32	2	0:46	2	0:46
Rad	20.00	48:08	2:24	15	11:34	15	11:34	20.50	57:24	2:47	10	12:20	10	12:20
Lauf	5.00	26:31	5:18	16	7:51	16	7:51	25.50	1:23:55	3:17	12	20:11	12	20:11