



10. ITH-Hennesee-Triathlon Staffel

Meschede / 24.06.2017

Detailed evaluation

Niedersfeld Amphibics

Total time: 1:28:31

Number: 60

Speed: 16.95 km/h

Running performance: 3:28 min/km

Course: 25.50 km

Volksdistanz Staffel (0,50-20,00-5,00)

Rank in course: 18 (of 22)

Best time in course: 1:03:44

Category:

Rank in category: 18(of 22)

Staffel

Best time in the category: 1:03:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.50	13:38	27:15	17	5:08	17	5:08	0.50	13:38	27:15	17	5:08	17	5:08
Rad	20.00	46:09	2:18	13	9:35	13	9:35	20.50	59:47	2:54	15	14:43	15	14:43
Lauf	5.00	28:44	5:44	18	10:04	18	10:04	25.50	1:28:31	3:28	18	24:47	18	24:47