



# 10. ITH-Hennesee-Triathlon Staffel

Meschede / 24.06.2017

## Detailed evaluation

Turbine HSK Nord

Total time: 1:14:31

Number: 54

Speed: 20.13 km/h

Running performance: 2:55 min/km

Course: 25.50 km

Volksdistanz Staffel (0,50-20,00-5,00)

Rank in course: 3 (of 22)

Best time in course: 1:03:44

Category:

Rank in category: 3(of 22)

Staffel

Best time in the category: 1:03:44

## Intermediate times

## Stage score

## Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.50	10:37	21:14	5	2:07	5	2:07	0.50	10:37	21:14	5	2:07	5	2:07
Rad	20.00	39:59	1:59	3	3:25	3	3:25	20.50	50:36	2:28	3	5:32	3	5:32
Lauf	5.00	23:55	4:46	11	5:15	11	5:15	25.50	1:14:31	2:55	3	10:47	3	10:47