



10. ITH-Hennesee-Triathlon Staffel

Meschede / 24.06.2017

Detailed evaluation

dbS

Total time: 1:16:19

Number: 48

Speed: 19.65 km/h

Running performance: 2:59 min/km

Course: 25.50 km

Volksdistanz Staffel (0,50-20,00-5,00)

Rank in course: 5 (of 22)

Best time in course: 1:03:44

Category:

Rank in category: 5(of 22)

Staffel

Best time in the category: 1:03:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.50	12:21	24:41	12	3:51	12	3:51	0.50	12:21	24:41	12	3:51	12	3:51
Rad	20.00	41:58	2:05	4	5:24	4	5:24	20.50	54:19	2:38	4	9:15	4	9:15
Lauf	5.00	22:00	4:24	7	3:20	7	3:20	25.50	1:16:19	2:59	5	12:35	5	12:35