



10. ITH-Hennesee-Triathlon Staffel

Meschede / 24.06.2017

Detailed evaluation

Warsteiner 1753

Total time: 1:17:23

Number: 46

Speed: 19.38 km/h

Running performance: 3:02 min/km

Course: 25.50 km

Volksdistanz Staffel (0,50-20,00-5,00)

Rank in course: 6 (of 22)

Best time in course: 1:03:44

Category:

Rank in category: 6(of 22)

Staffel

Best time in the category: 1:03:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.50	12:15	24:30	11	3:45	11	3:45	0.50	12:15	24:30	11	3:45	11	3:45
Rad	20.00	42:24	2:07	7	5:50	7	5:50	20.50	54:39	2:39	5	9:35	5	9:35
Lauf	5.00	22:44	4:32	9	4:04	9	4:04	25.50	1:17:23	3:02	6	13:39	6	13:39