



# 10. ITH-Hennesee-Triathlon Staffel

Meschede / 24.06.2017

## Detailed evaluation

WoMiTo

Total time: 1:18:31

Number: 41

Speed: 19.10 km/h

Running performance: 3:05 min/km

Course: 25.50 km

Volksdistanz Staffel (0,50-20,00-5,00)

Rank in course: 7 (of 22)

Best time in course: 1:03:44

Category:

Rank in category: 7(of 22)

Staffel

Best time in the category: 1:03:44

## Intermediate times

## Stage score

## Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.50	13:58	27:56	18	5:28	18	5:28	0.50	13:58	27:56	18	5:28	18	5:28
Rad	20.00	42:24	2:07	7	5:50	7	5:50	20.50	56:22	2:44	9	11:18	9	11:18
Lauf	5.00	22:09	4:25	8	3:29	8	3:29	25.50	1:18:31	3:04	7	14:47	7	14:47