



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

BÄUMLER, Nicole

Club: SV Marienloh

Number: 253

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Seniorinnen 1 (40-44 Jahre)

Total time: 1:26:06

Speed: 17.42 km/h

Running performance: 3:23 min/km

Rank in course/Total: 70 (of 157)

Rank in course/Women: 13 (of 42)

Best time in course: 1:12:08

Rank in category: 2(of 7)

Best time in the category: 1:24:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	10:30	21:00	3	0:20	11	2:24	0.50	10:30	21:00	3	0:20	11	2:24
Rad	20.00	50:54	2:32	2	1:09	16	8:43	20.50	1:01:24	2:59	2	1:29	16	11:07
Lauf	5.00	24:42	4:56	2	3:08	12	3:26	25.50	1:26:06	3:22	2	1:21	13	13:58