



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

SCHERTEL, Thomas

Club: Kölner Triathlon Team 01

Number: 472

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

AK3 männlich (30-34 Jahre)

Total time: 2:27:51

Speed: 22.52 km/h

Running performance: 2:40 min/km

Rank in course/Total: 4 (of 84)

Rank in course/Men: 4 (of 69)

Best time in course: 2:18:58

Rank in category: 1(of 7)

Best time in the category: 2:27:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	1.50	24:34	16:22	1	-	8	3:40	1.50	24:34	16:22	1	-	8	3:40
Rad	44.00	1:23:40	1:54	1	-	5	4:41	45.50	1:48:14	2:22	1	-	4	6:35
Lauf	10.00	39:37	3:57	1	-	4	2:18	55.50	2:27:51	2:39	1	-	4	8:53